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*plants, animals and self-sufficiency* **CATALOGUE**

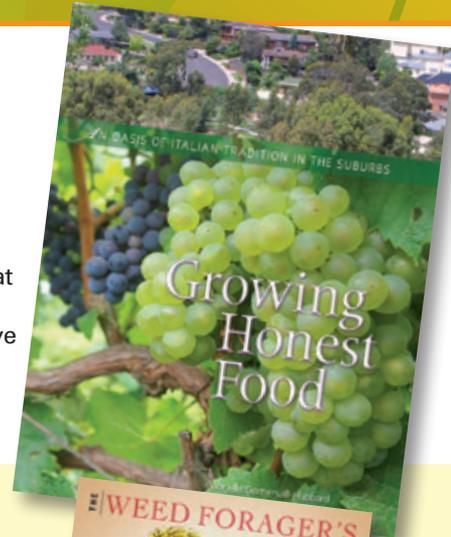
## GROWING HONEST FOOD

*An Oasis of Italian Tradition in the Suburbs*

**Gabriella Gomersall-Hubbard**

ISBN 978 186447 120 5  
LARGE-FORMAT JACKETED HARDBACK, FULL-COLOUR, 224 PP  
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Words like 'Slow', 'Real' and 'Honest' describe the food people say they want, in contrast to what they feel they normally get. That is why for many people growing your own food has become important again. This book details the changing seasons and the work done in vineyard and olive grove, in the cellar and the kitchen. On a mere 1.2 ha, in addition to abundant fruit and veg for domestic use, thousands of bottles of wine and olive oil and hundreds of jars of passata and preserved olives are produced year after year.



## THE WEED FORAGER'S HANDBOOK

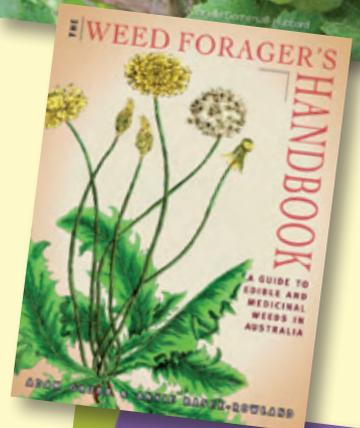
*A Guide to Edible and Medicinal Weeds in Australia*

**Adam Grubb & Annie Raser-Rowland**

ISBN 978 186447 121 2  
FLEXI-COVER, SEWN, FULL-COLOUR, 166 PP  
**\$21.95**

Step into the world of our least admired botanical companions, peel back the layers of prejudice, and discover the finer side of the plants we call weeds.

This book reveals how to distinguish a tasty sandwich-filler from its dangerous look-alike, which weeds are among the most nutritious vegetables ever tested, and how you cook with delicious nettles without fear of being stung ... It will forever change your concept of where to go looking for lunch.



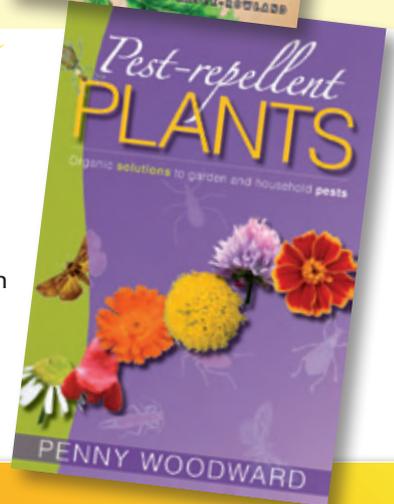
## PEST-REPELLENT PLANTS – 2<sup>nd</sup> EDITION

*Organic solutions to garden and household pests*

**Penny Woodward**

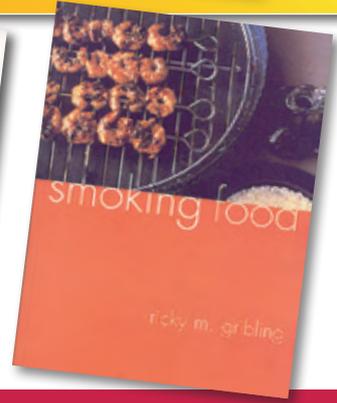
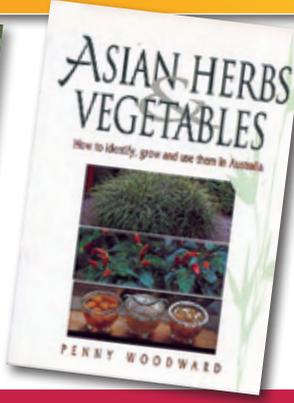
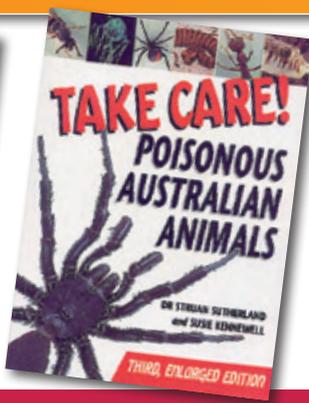
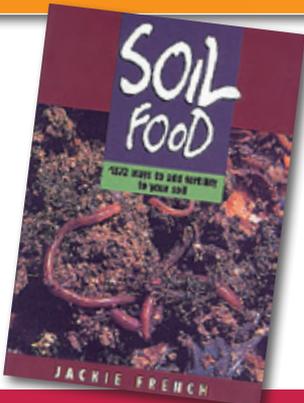
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Apart from an A-Z of Pest-repellent Plants, this edition includes many other organic solutions, from traps and barriers to sprays, oils, dusting powders and washes. It helps you find a quick and easy solution to any garden, personal and household pest.



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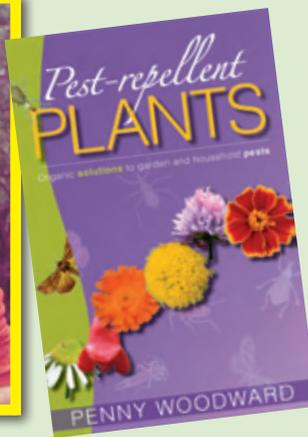
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Seven of the best by Penny Woodward

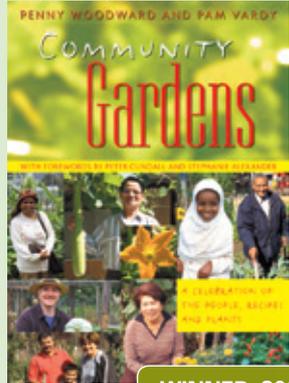


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**COMMUNITY GARDENS**

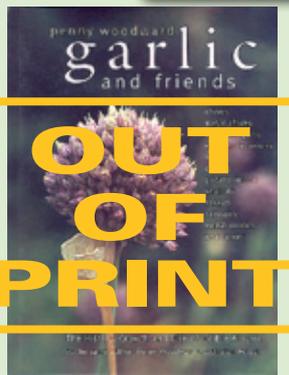
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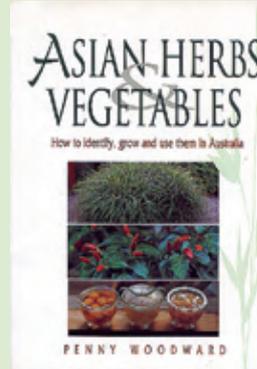


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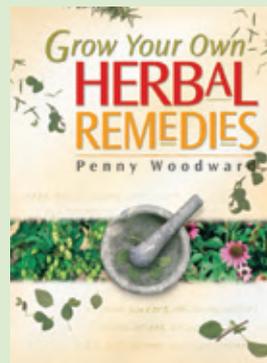


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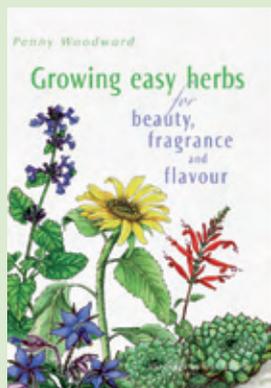
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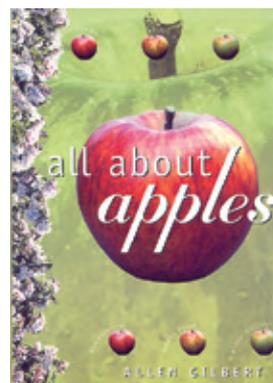
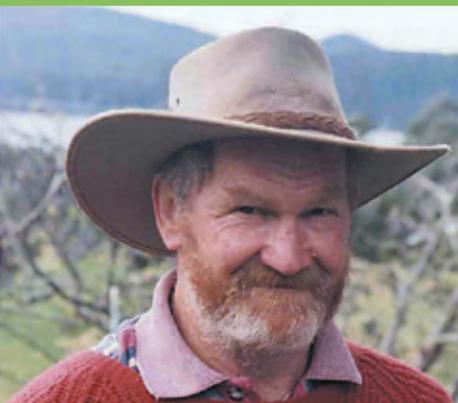
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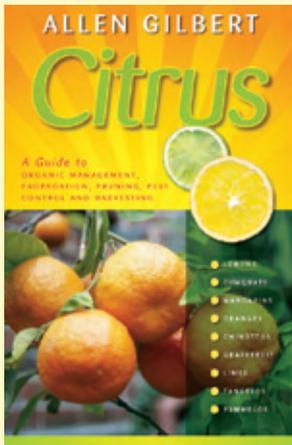
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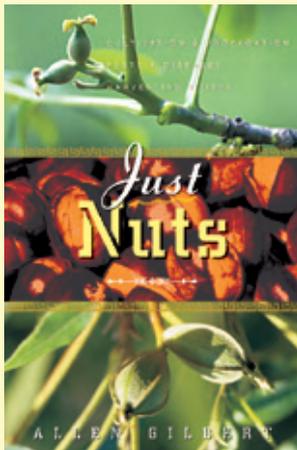


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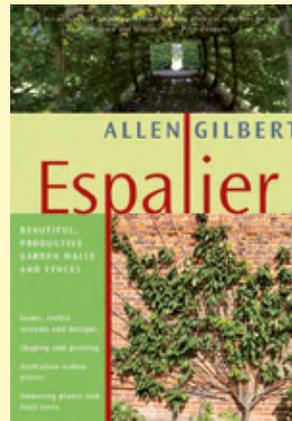
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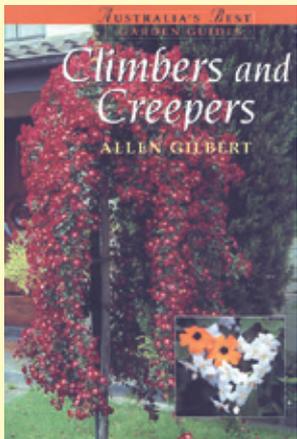


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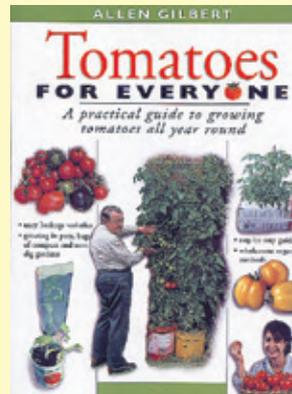
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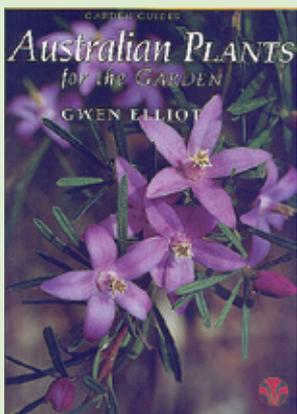
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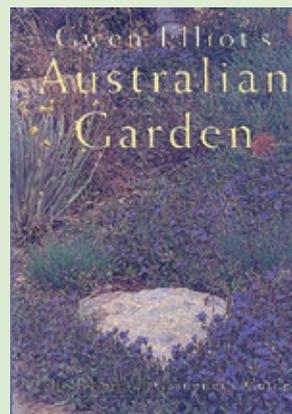


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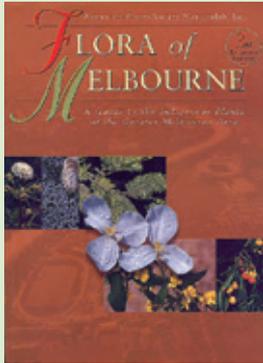
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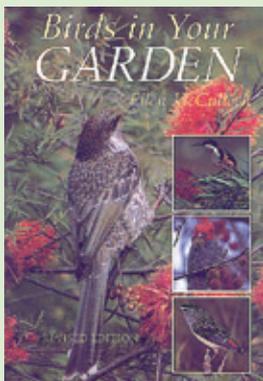
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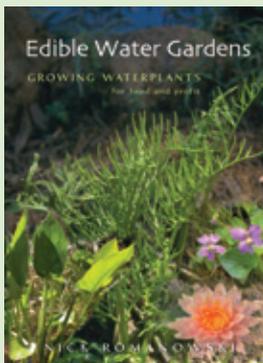
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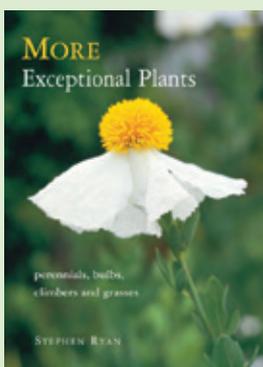
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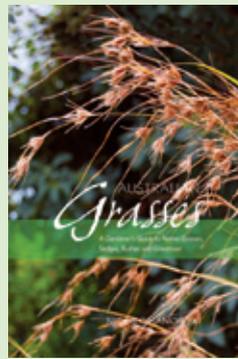
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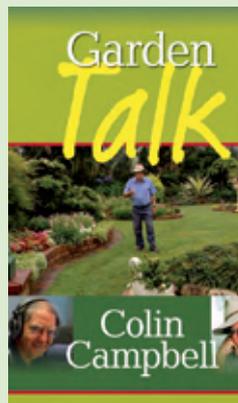
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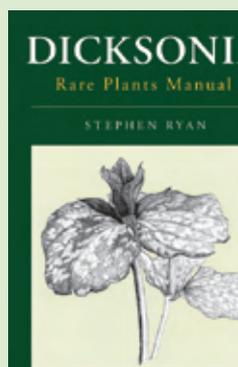
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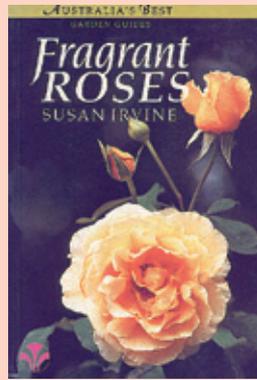
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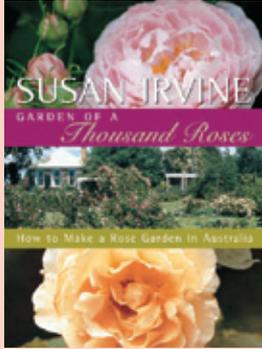
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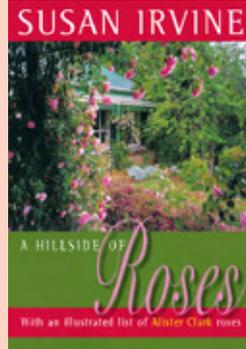
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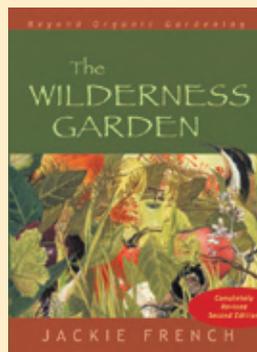
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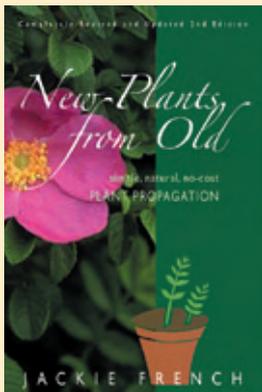


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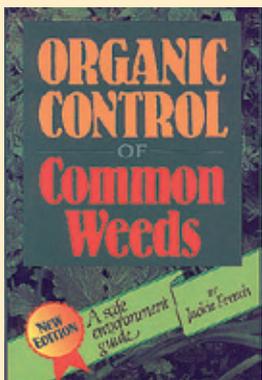
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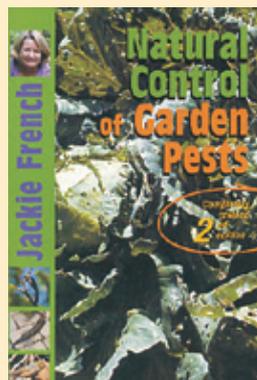
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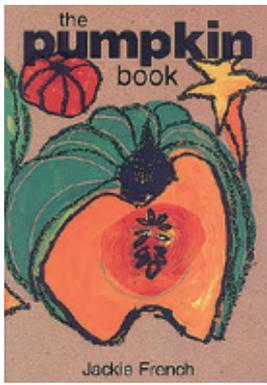
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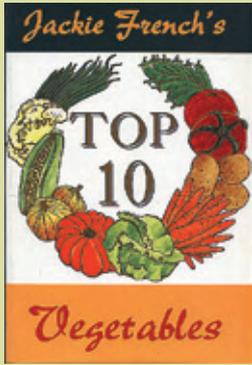
There is plenty in this book for you to learn to love pumpkin, from choosing a variety, to growing them, to harvesting and cooking them. And if you loved them already, reading it might make you outright passionate about it – like Jackie!



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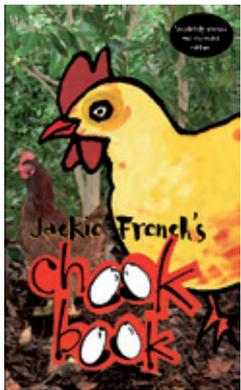


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Self-sufficiency

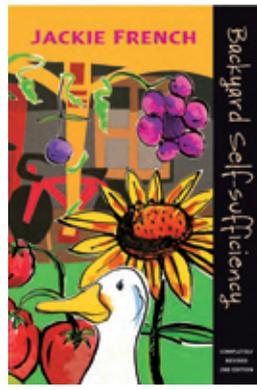


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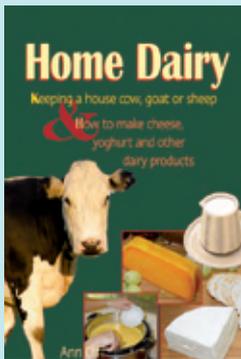
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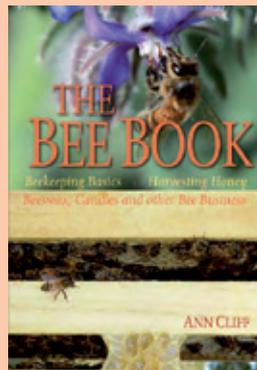
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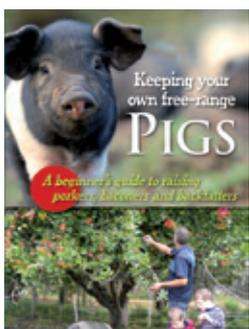


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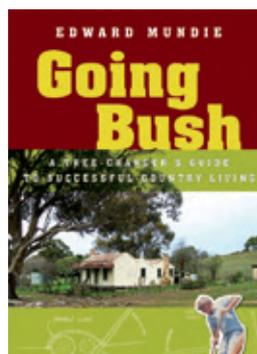
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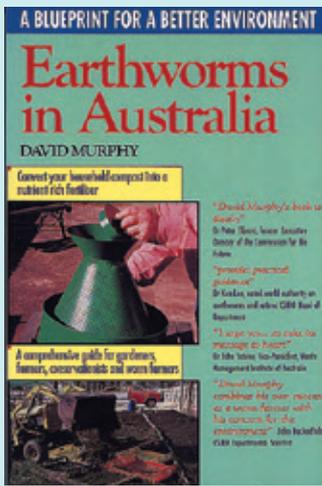
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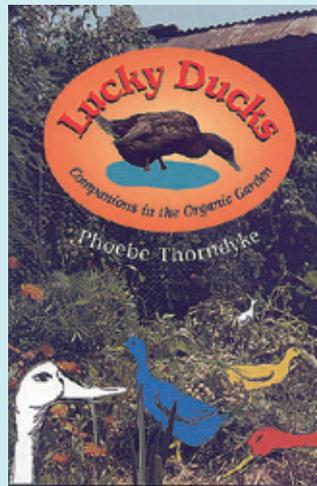
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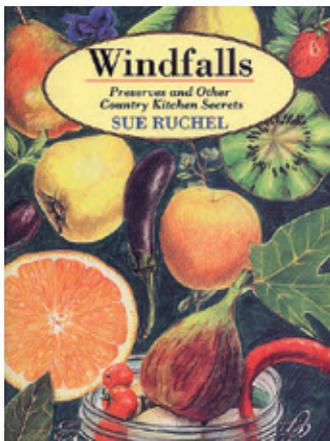
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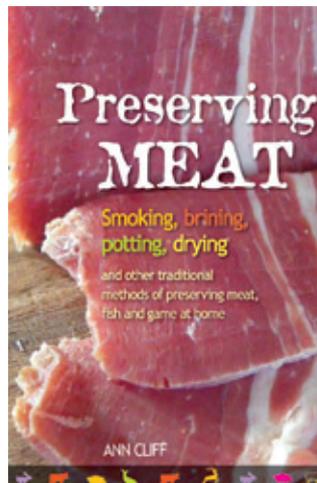
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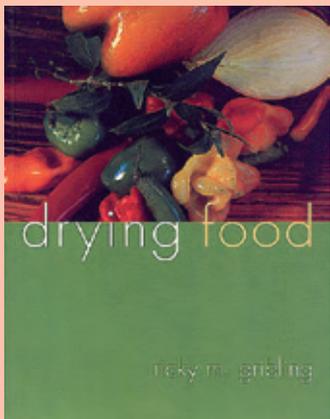
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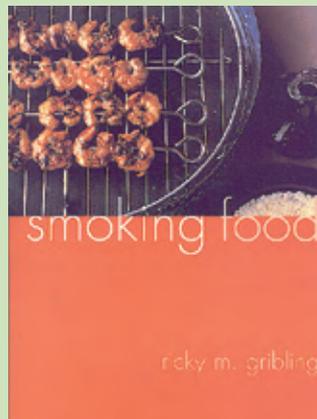


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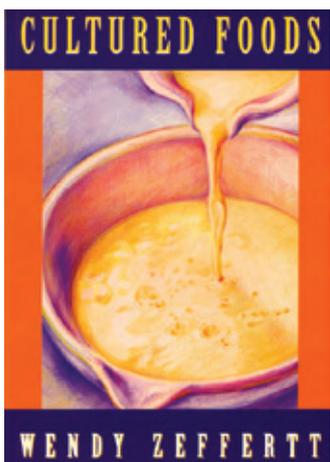


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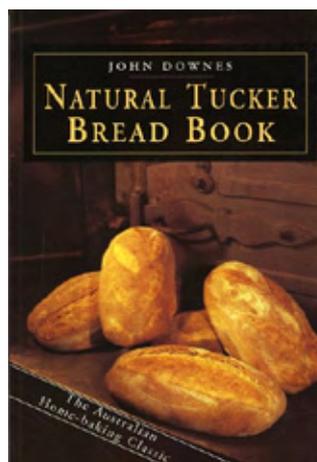


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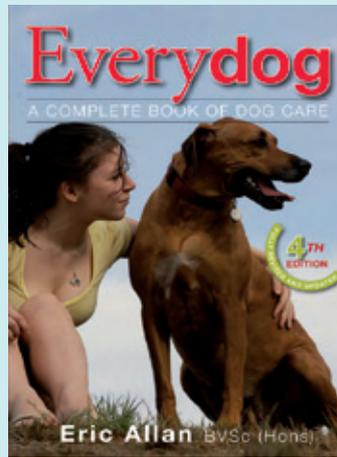
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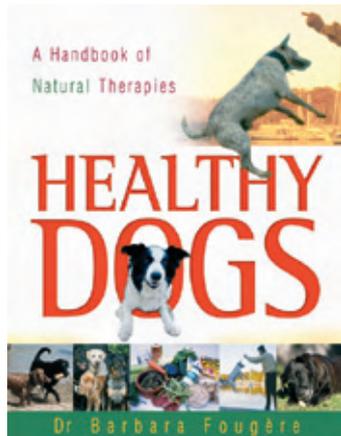
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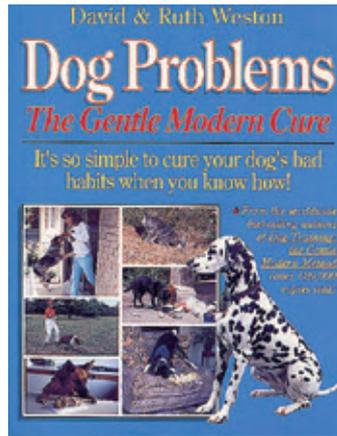
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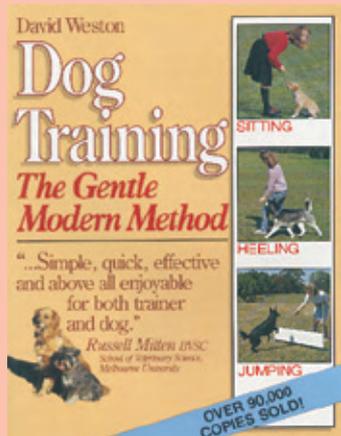
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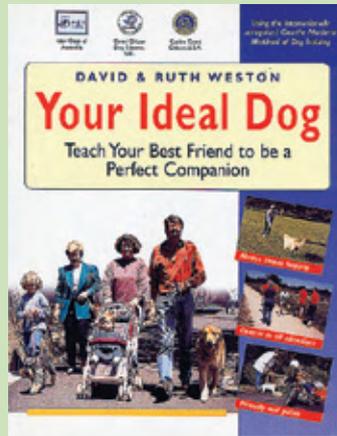
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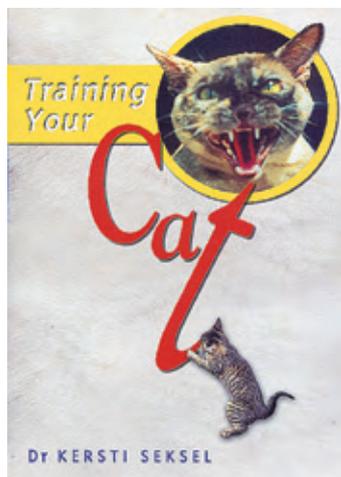
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